



Homeopathic *Lac humanum*, Gematria and the Number Two

Patricia Hatherly

Abstract

Numbers have such powerful appeal that many people ascribe to them a mystical significance. They certainly link to supernatural and mystical notions which underpin the art of Gematria (a numerological system used in mysticism that assigns numerical values to words based on the fixed numerical values of their letters) and physicists use them to explain the machinations of our universe. Beyond that, homeopaths can take into account any information associated with substances that have healing potential, and may keep that in mind when prescribing. So, this thought-piece looks into the threads associated with the Number Two which is a major theme in *Lac humanum* and defines our species from an evolutionary perspective, and how human milk lays the foundation for the tenets of Hahnemann's Aphorism 9 to be fulfilled.

Keywords: Gematria, numerology, *Lac humanum*, oxytocin, homoeopathy

How does the Universe communicate with us?

It seemingly does it through letters and numbers which are both powerful entities that help to shape our reality. The apostle John's proclamation: "In the beginning was the Word" (John 1:1) gives a nod to the understanding that all matter exists as a result of perception by consciousness. Without perception, the material universe ceases to exist, and the purpose of existence is the generation of novelty—unique, irreversible events that expand the scope of experience and awareness (High, 2024).

Specifically, regarding letters and the practice of Gematria which helps us to appreciate the power held in words, I

commend the work of the physicist Dan Winter (1995) and his revelation that the original shapes that have formed our alphabet emanate from reflections of light being shone through a spiralling toroidal field. Words are, indeed, sacred!

Regarding numbers, I recommend a very interesting book by the Australian author Robert Lawlor, "The Geometry of the End of Time" (2015). It is a text which explains how the numerical patterns of the Yugas (in Hindu theology, an epoch or era within a cycle of four ages) have predicted the rise and fall of ideas, social movements, wars, and countries as well as how this knowledge has been used by secret societies to exploit and steer the course of world history. A fascinating read which showcases the mathematical precision that underpins everything in our world. So, there's something special, also, about numbers!

As homeopaths we understand that, when it comes to understanding the value of anything in our environment that has the ability to shape personal and collective reality, nothing is irrelevant. That's why Vermeulen wrote *Prisma* as "the stuff" associated with everything in our pharmacopœia (namely literary, metaphysical, mythological, botanical and toxicologic phenomena) has relevance when it comes to healing potential.

So, when I was compiling the materia medica of the *Lac humanum* chapter of *The Lacs* (Hatherly, 2010) from published provings and cases of human milk, and I discovered that there were 22 dreams associated with the number two, my curiosity regarding the relevance of this was most certainly piqued. Since (apart from 22 being one of the three Master Numbers) once the placenta has done its initial work, it's a mother's milk (produced and delivered to two breasts due to the hormonal inputs from the pituitary gland which has two lobes) that continues with the epigenetic modification of the double helix of baby's DNA designed to

build an immune system in a body that predominantly has organs that come in pairs, I considered that there is more to see here.

We are the “stuff of stars”!

This is especially so if we can accept the proposition put forward by Clif High (2024) that the physical universe is recreated and destroyed over 22 trillion times per second through a universal pulse, giving rise to the illusion of continuity and materiality in this space which we experience as a creation and which, according to Carl Sagan, is of “the stuff of stars”! (1977). Aligning with this pulse, seems to me to be our “highest purpose of existence” and the story contained in the materia medica of *Lac humanum* signals that human milk has a pivotal role to play. Consider the morphogenic resonance consequences which would ensue if at least one hundred of us got our act together enough to achieve this!

Additionally, my mind was drawn to the unique relevance of the dream experienced by Prover #13 in Sankaran’s proving of *Lac humanum*. The dream depicts a scenario where a man ascends a flight of stairs where two doors open and he is received by two Gods. This also gives a distinct nod to the injunction that we’re here, needing a healthy body, in order to achieve the higher purpose of existence.

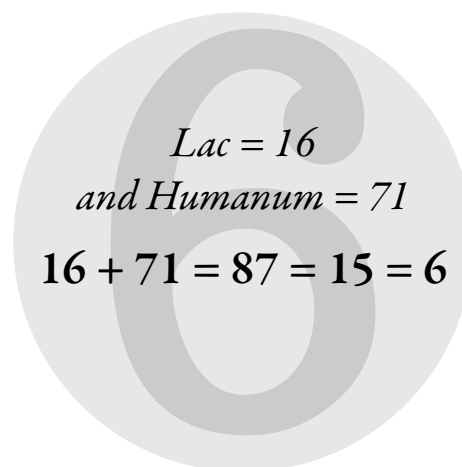
Furthermore, the role that our milk plays in shaping our physical, psychological and spiritual reality, accords nicely with the Greek myth which “explains” the origins of our galaxy. The Greek word for “milk” is “gala” and it was understood that, in order to enter into the realm of the Gods, one had to drink from Hera’s breast. As the legend has it, when Zeus, while attempting to arrange that honour for Hercules who had a human mother, he startled Hera when slipping him onto her breast while she slept such that she had a letdown which sprayed across the Firmament giving rise to the Galaxy of Stars.

It’s beautifully depicted in this magnificent painting Origin of the milky way by Reubens which “explains” why stars, who attend gala events, walk the red carpet! Over the years I’ve consistently had *Lac humanum* patients share dreams of mixing with royalty, movie stars and political figures, so have incorporated this rubric into the Repertory: MIND; Dreams of important people: lac-h (Hatherly 2010)



Origin of the milky way

In the mammalian kingdom having access to species-specific milk lays the foundation for optimum physical development. With respect to homo sapiens however, this also includes psychological development so the best version of the Self can unfold. The Gematria for *Lac humanum* ([L]: milk of mankind) supports the role that access to breast milk provides in pursuit of that objective.



Number 6 in numerology intriguingly encompasses the numerals 3+3, while it is 3x3 with respect to the number 9; so, both can represent a somewhat hidden version of the numeral 33 which is considered to be the highest master number allocated to the most highly evolved soul. So, the 22 dreams in *Lac humanum*, are, perhaps, a hint that this remedy paves the way to mastery. As we know from published research, the milk of our species has a pivotal role in laying down a solid foundation due to a myriad of epigenetic imperatives modulated by oxytocin. This hormone that drives the metabolic pathway and keeps Psora (Hatherly 2016) in a positively active mode where “lack” does not predominate and fulfilling the imperatives of §9 becomes attainable. Keep in mind that Nicola Tesla opined that appreciation of 3, 6 and 9 unlock the workings of our Universe! (Fraga 2021); so that makes §9 particularly special!

However, what is most relevant when it comes to the yet-to-be-fully-evolved human, referred to in §9, is actually the number 2 which according to the philosophy of numerology represents duality, balance, harmony, and cooperation; all attributes which assist in negotiating the path of Self-realisation (mastery). It is a number that emphasises the importance of partnerships, relationships, and teamwork. So, understanding the significance of the Number 2 in our lives can help us gain a deeper understanding of ourselves and the world around us and how we evolved as a species. And, considering the thematic threads that permeate the Materia Medica of *Lac humanum*, exploring such a connection has a good sense of logic to it.

Remember – it “takes two to tango!” attaining the “higher purpose of existence” cannot be done without having a healthy body. The two go together and physiologic reproduction matters, as it occurs in an oxytocin milieu which provides a robust beginning to Life.

“Why do humans have 46 chromosomes and other primates 48? A difference of two?”

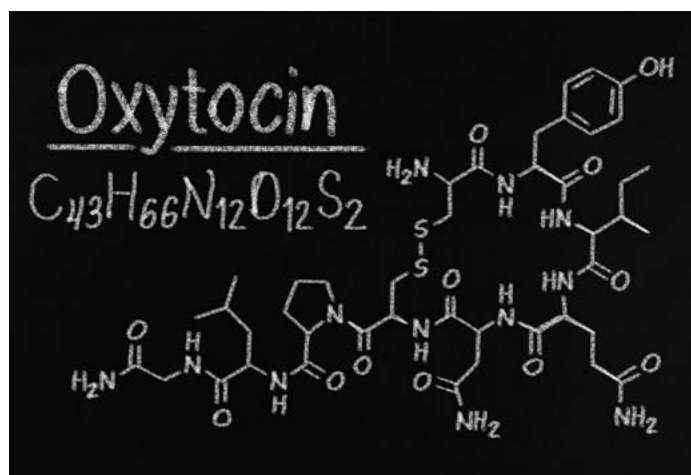
Ijdo et al. (1991) have discovered that somewhere along our timeline, chromosome number two [#2] (which contains three alleles in chimps and apes), split and fused telomere to telomere rendering a single large chromosome which constitutes 8% of our DNA. It is our largest chromosome and is present in every cell and is the chromosome which enables higher order thinking and logic! It is this modified chromosome which makes a world of difference in orchestrating the life focus of primates, as having an opposable thumb pales into insignificance when compared to being able to problem-solve in a sophisticated manner.

Furthermore, as we subsequently evolved as a species, it was “Number 2 traits” such as diplomacy, sensitivity, cooperation, and intuition, which allowed us to live harmoniously in groups large and small and work together for the greater good of all. Tribalism is how we’ve survived while eschewing the notion of a “hive mind” which would have led to a situation of stumbling lockstep into oblivion.

Catching a sabre-toothed tiger was tricky work, and being able to achieve such a task underpins the importance of partnerships and relationships, highlighting the value of original thought, clear communication, collaboration and compromise, so that conflicts are avoided or minimised. All of these are quintessential Number 2 traits in numerology, and all these aspects of social interaction are driven by the hormone, oxytocin; often referred to as “the hormone of love”.

Oxytocin's pivotal role.

Oxytocin underpins empathic ability (another Number 2 trait) which allows individuals to understand the emotions and needs of others and focus on the bigger picture. And, because it's the hormone which promotes the tendency to seek the company of others (especially when it comes to reproductive urges), it was the ability to live and work together in groups that allowed our species to flourish by living in harmony with others and “Mother Nature” having our best life!



The shape of the oxytocin molecule is intriguing for several reasons. My first reaction was that, since it looks like a small snake and every culture on the planet has some sort of serpentine creation story (Snakes in Mythology 2025) oxytocin is somehow linked to “Source”. Additionally, apart from containing a bunch of amino acids which constitute the basic building blocks of Life, the **two** sulphur molecules buried in its “heart” links it, in my mind, to Psora and its role as the “engenderer of all disease” (Hahnemann 1981: §80-81).

We know that it its oxytocin, which acts as a hormone and neurotransmitter and is pervasive in the body due to it also having a paracrine effect, that underpins resilience and is the natural antagonist to the corticosteroid hormones (Young Kuchenbecker et al. 2021). When Psora is set in the positively active mode where “lack” holds no sway, it is because it is driven by maximum levels of oxytocin, which set to rights any metabolic disturbance with the potential to lead to pathology (which will follow if the corticosteroid hormones can't be balanced out), thereby keeping the constitution robust and making §9 more attainable (Hahnemann, 1981)!

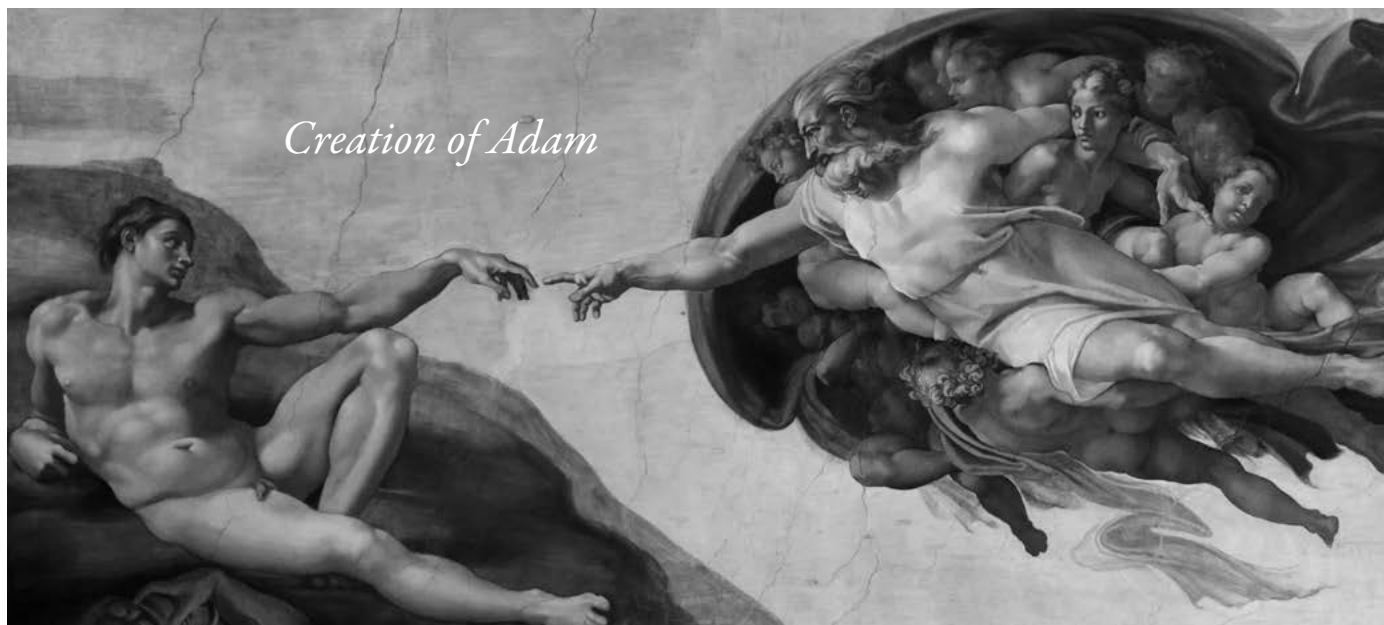
Hahnemann reminds us that our physical body needs to be “a healthy instrument” of which “the spirit-like life force...can freely avail itself...for the higher purposes of our existence”. In that regard, it's probably no coincidence that the Gematria for oxytocin is 8, which in numerology is known as “The Achiever” and measures life by the goals it reaches.

Epigenetic moderation due to the experiences we have and the choices we make, defines our journey

This provides another intriguing thread to this discussion, as it's known that apart from the anomaly of chromosome #2, we all have a special gene referred to as the VMAT2 (Vesicular Monoamine Transporter number 2) gene (Bernstein et al. 2014). And we know from research, that oxytocin supports the VMAT2 gene; commonly referred to as the “God gene” as it opens an individual to spirituality and the ability to connect to “Source.” So, physiologic conception increases protein levels of VMAT2 as it occurs in an oxytocic milieu.

Because it “takes two to tango” Vithoulkas and Mahesh (2017) hypothesise that the most robust children are conceived when both parents are “lost in each other in an erotic climax.” In fact, physiologic conception, birth and nurture at the maternal breast affords the baby optimal exposure to oxytocin during the Primal Period. This immersion serves to prime the baby's oxytocin receptors which need to develop during this important time of neural plasticity. A dearth of exposure results in a dearth of receptors and consignment to life on the spectrum (Odent 2014)

That aside, genes can be damaged or deleted in the lab using CRISPR technology “gene scissors” during IVF and one in eighteen conceptions in Australia now occur using IVF with one in six Australian couples seeking help with infertility. Interestingly (and unfortunately) a recently published study by Lazar et al. (2024) shows that the use of CRISPR/Cas9 during reproductive procedures, causes unintended genetic changes that are different from random mutations. The study reveals that the use of CRISPR/Cas9 completely interrupts the double



DNA strand, thus causing some of the chromosomes to be temporarily separated from the main section. In the separated (distal) section, the chromosomes can restructure, and larger sequences of DNA can be deleted, reversed or inserted in the wrong place. An even more disturbing consequence of the use of this technology, however, is the fact, according to a ruling by the Supreme Court in the US, that products contrived through the use of this technology constitute “genetic modification” and are, therefore, patentable!

Technological damage to the VMAT2 gene (Wang et al. 2024) in particular results in increases in: a range of mental issues ranging from lowered intellectual capacity and anxiety to schizophrenia; Parkinson’s and cerebral palsy; Type 1 diabetes and auto-immune syndromes; cardiac arrhythmias and cancer. Chiavarini et al. (2019) states that just under 20% of children conceived via IVF are at risk for cancer in the first five years of life; leukaemia being the most common.

However, modification of DNA in a laboratory setting is, perhaps, not a new technology as giving consideration to the idea that some sort of “genetic interference” occurred along our evolutionary timeline, begs a more profound consideration:

Were we created, or did we evolve and what has this got to do with the number two?

According to Gregg Braden (2005) (who has spent a lifetime bridging the gap between science and spirituality), when the periodic table numbers of the atomic mass of the basic elements which constitute our makeup, (hydrogen; oxygen; nitrogen and carbon) are deciphered according to ancient alphabets (which all assign a numerical value to each letter), the beginning of each strand of DNA contains a message.

It is: “God eternal within the body” and the Gematria for this phrase is: $263 = 11 = 2$; thereby emphasising a well-accepted understanding in Christianity that “We are made in His image and likeness!” (Genesis 1: 26-27).

This famous painting Creation of Adam by Michaelangelo on the ceiling of the Sistine Chapel has some messages in that regard. First, the fact that Adam has an umbilicus most interestingly suggests that he considered that a womb was involved! However, while it’s the direct position of the Creator’s index finger which suggests initiation, it’s the gap (the space of Potential) between the instigating finger of The Creator and Adam (representing Universal Man) which explains much. It suggests that, in order for the connection back to Source (Self-realisation; “highest purpose of existence”) to be completed, it will take an act of volition on the part of man; and, since we have free will, there is no guarantee that the journey will be successful.

Volition is well-expressed in this famous quote: “Do or do not; there is no try!” (Yoda to Luke Skywalker in the first Star Wars movie (Lucas 1977). Brilliant surname if you give credence to the Greek myth regarding accessing the realm of the Gods!). Not trying or giving up [MIND: Indifference; everything, to] is the predominant mindset of the uncompensated *Lac humanum* type (Hatherly 2010). That is one who can’t be bothered to “lift a finger” (now that’s a phrase in common usage that perhaps has a deeper meaning!) and is best summed up in these selected *Lac humanum* mental and emotional rubrics:

Irresolute

Embarrassment

Anxiety; company, in

Indecisive; Succeeds, never

Fear; examination, before

Scrutiny; others, of < vs Scrutiny; self, of <

Indolence; aversion to work

Ennui

Discontented

Brooding; Introspection

Lamenting; futility of human relationships, about

Sadness; Melancholy

Weary of Life; existence seems painful

Despair; Life, of
Death; thoughts of
Death; desires

A perspective underpinned, no doubt by these
lack of mental acumen rubrics:

Absent-minded
Confidence, lack of
Confusion of mind
Memory weak, read, for what has
Mistakes calculations in; mistakes reading;
mistakes spellings
Thoughts disconnected; thoughts disconnected,
cannot read; thoughts, vanishing of

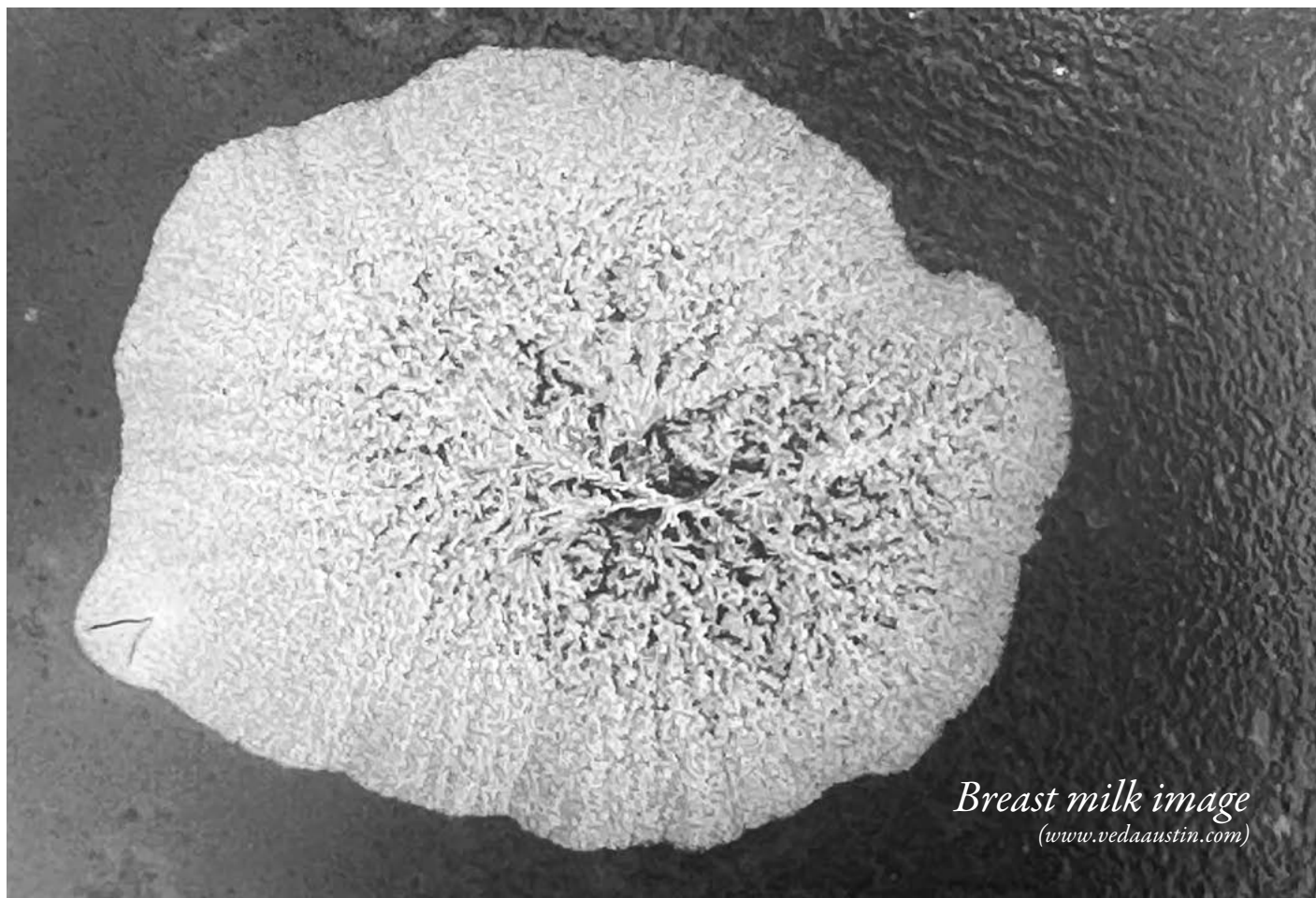
And these delusion rubrics related to Self Esteem:

Friends; he had done a lot for his,
and got nothing in return
Friends; unwanted, by
Friendless; that he is
Alone always
Alone in the world
Neglected; she is
Self-centred; all others were
Worthless; that he was
Wrong; he has done

While it's been the positive attributes of the Number 2
essence that has allowed mankind to flourish, its rubrics like
these which encapsulate the challenges faced by the
individual number 2 type depicted in Michaelangelo's
summation of the moment of Creation.

Negative attributes of the Number 2
picture sum up the existential dilemma
that the uncompensated *Lac humanum*
folk face as they tend to struggle
with indecisiveness and a fear of
confrontation. They may prioritise
harmony to the extent of suppressing
their own needs and desires,
leading to feelings of resentment
or being taken advantage of.

In that regard, this is the core essence of *Lac humanum*:
"Sense of conflict between living as a self-determined
individual in a group and being beholden to it." (Hatherly
2004). Most commonly defined in our literature as The Self
vs The Group. This delusion emerges as a result of being
denied the breast (the first rejection), so survival became a
matter of a struggle, with a need to adapt to breastmilk
substitutes and resulting in a mindset flamed by this sort of
self-talk: "As an integral part of the human experience, I
have to exist in a group; I have to connect as an individual



Breast milk image
(www.vedaaustrin.com)

in the group; I am alone; I do so much for others and they do nothing for me; you must sacrifice part of your own desires in order to fit in." (Hatherly, 2004, p195). These are the folk who need to be reminded that they need to fit their own mask before helping others.

One of the few probing questions that I ask during the consultation in order to confirm the prescription of *Lac humanum* is: How do you sign your name? In the uncompensated state the answer will be "with the initial of my given name followed by my surname". This sort of *Lac humanum* individual has a delusion of denial of the ego and looks entirely to survival as a member of the group so is totally at the mercy of peer pressure. This gives a nod to another of the negative Number 2 traits; namely that individuals may find it challenging to assert themselves and express their own opinions. They may be overly sensitive to criticism or rejection, requiring validation and reassurance from others.

However, the compensated *Lac humanum* (who dreams of mixing with royalty movie stars and state and national figures) has a signature which uses both the given name and surname in full. This use of the two aspects of identity makes a clear validating statement of "I Am" giving as much emphasis to the Self as well as the Group [the family or "tribe"]. Interestingly, a monarch only ever signs a document with the given name. Now, that's imperial validation of a sense of self (and entitlement). So, part of the healing journey begins with a suggestion that the signature be changed.

Having a good sense of Self enables one's potential to be fulfilled as possession of the VMAT2 gene would suggest, and the drive to connect to Source, activated. We know from research that this gene flourishes in an epigenetic sense in an oxytocin milieu (Stanic, et al. 2017) so spending an appropriate amount of time at the maternal breast (A/F insufficient breastfeeding: lac-h) provides enough of that hormone for an individual's oxytocin receptors to be maximally primed and personal resilience flourishing as its oxytocin which underpins the metabolic pathway of homeostasis which prevents functional disturbance from degenerating into pathology by keeping the corticosteroid hormones in check. If that fails to happen, then *Lac humanum* can deal with that layer in the case. When Psora is strong and the individual has a well-developed sense of autonomy such that s/he can be alone but not lonely, the pathway ahead is devoid of the notion of "lack" and the journey then has real potential and mastery awaits!

Artificial Intelligence Statement

This work has been reported in its entirety without the use of AI tools at all stages.

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